FUN FACTS about ICE CREAM

It started in Rome
• The first Ice Cream is often credited to Emperor Nero of Rome, who would send a slave to get ice, snow and nectar from the mountains to concoct the frozen treat.

It started in China
• Others believe Ice Cream was invented in China in the first Millennium, and arrived in Europe courtesy of explorer Marco Polo when he returned to Italy 1295, bearing a recipe for a dessert called “Milk Ice.”

It started in England
• Another popular tale gives credit to the chef of King Charles I as the inventor of Ice Cream. The King made the chef keep the recipe a secret, but after Charles’ beheading in 1649, the chef blabbed and soon all the nobility in Europe were enjoying Crème Ice.

The first cone
• The invention of the Ice Cream cone is linked to the 1904 Worlds fair in St. Louis, where an Ice Cream vendor reportedly didn’t have enough dishes to keep up with demand so he teamed with a waffle vendor who rolled his waffles into cones.

Cream, Sugar, Flavour
• Ice Cream is a delicious dessert made from cream or milk. These ingredients are combined with flavorings and sweeteners, such as sugar, and possibly other ingredients. The mixture is stirred slowly while cooling to prevent large ice crystals from forming; the result is a smoothly textured Ice Cream.

Blow it up
• One of the major ingredients in Ice Cream is air, and without it, it would be as hard as a rock. It takes only ½ litre of milk plus cream, sugar and flavourings to make one litre of Ice Cream.

Sundaes on Sunday
• More Ice Cream is sold on Sunday than any other day of the week.

Take a licking
• The average number of licks to polish off a 1/2 cup scoop of Ice Cream is 50.
• Approximately 13 per cent of men and eight per cent of women admit to licking the bowl after eating Ice Cream!

Enjoyed by the young and the old
• Children between the ages of two and 12, and adults over 45 eat the most Ice Cream.
• Ice Cream novelties such as Ice Cream on sticks and Ice Cream bars were introduced in the 1920's. Adults consume nearly one-half of all Ice Cream novelties.